

Thingamabobz Allergen & Additive Lists

Last Updated: 25 January 2019

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










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Additives are as defined by EFSA

Cold Sandwiches

Allergens (Cold Sandwiches)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
White Bread		✓											✓	
Wholemeal Bread		✓											✓	
Barm Cake		✓											✓	
Margarine (Standard)							✓							
Dairy Free Margarine (Request)														
Cheese							✓							
Ham														
Tuna Mayonnaise				✓	✓				✓					
Egg Mayonnaise				✓					✓					
Chicken Tikka	✓			✓					✓					
Chicken & Bacon Mayonnaise				✓					✓					
Salad														
Colslaw				✓					✓					
Ready Salted Crisps	✓	✓					✓		✓				✓	

All breads contains wheat; wholemeal bread contains barley. Crisps made in a factory that also handles gluten, milk, mustard, celery and soya.















Cold Sandwiches (continued)

Additives (Cold Sandwiches)

White Bread	E170; Calcium Carbonate: E282; Calcium Propionate: E300; Ascorbic Acid: E471; Mono- and Di-Glycerides of Fatty Acids: E472d; Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids.
Wholemeal Bread	E170; Calcium Carbonate: E300; Ascorbic Acid: E472e; Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids.
Barm Cake	E282; Calcium Propionate: E300; Ascorbic Acid: E418; Gellan Gum: E471; Mono- and Di-Glycerides of Fatty Acids.
Margarine (Standard)	E160a; Carotenes: E202; Potassium Sorbate: E330; Citric Acid: E471; Mono- and Di-Glycerides of Fatty Acids.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Cheese	E535; Sodium Ferrocyanide.
Ham	E250; Sodium Nitrite: E301; Sodium Ascorbate: E451; Triphosphates: E500ii; Sodium Bicarbonate.
Tuna Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Egg Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken Tikka	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken & Bacon Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Salad	None.
Colslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Ready Salted Crisps	None.

Panini

Allergens (Panini)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Panini		✓					✓					✓	✓	
Cheese							✓							
Ham														
Tuna Mayonnaise				✓	✓				✓					
Chicken Tikka	✓			✓					✓					
Chicken & Bacon Mayonnaise				✓					✓					
Salad														
Colslaw				✓					✓					
Ready Salted Crisps	✓	✓					✓		✓				✓	















Panini contains wheat and may contain milk and sesame seeds. Crisps made in a factory that also handles gluten, milk, mustard, celery and soya.

Additives (Panini)

Panini	E170; Calcium Carbonate:E300; Ascorbic Acid.
Cheese	E535; Sodium Ferrocyanide.
Ham	E250; Sodium Nitrite: E301; Sodium Ascorbate: E451; Triphosphates: E500ii; Sodium Bicarbonate.
Tuna Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken Tikka	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken & Bacon Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Salad	None.
Colslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Ready Salted Crisps	None.

Toasted Sandwiches

Allergens (Toasted Sandwiches)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
White Bread		✓											✓	
Wholemeal Bread		✓											✓	
Margarine (Standard)							✓							
Dairy Free Margarine (Request)														
Cheese							✓							
Ham														
Tuna Mayonnaise				✓	✓				✓					
Salad														
Colslaw				✓					✓					
Ready Salted Crisps	✓	✓					✓		✓				✓	















All breads contains wheat; wholemeal bread contains barley. Crisps made in a factory that also handles gluten, milk, mustard, celery and soya.

Additives (Toasted Sandwiches)

White Bread	E170; Calcium Carbonate: E282; Calcium Propionate: E300; Ascorbic acid: E471; Mono- and Di-Glycerides of Fatty Acids: E472d; Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids.
Wholemeal Bread	E170; Calcium Carbonate: E300; Ascorbic Acid: E472e; Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids:
Margarine (Standard)	E160a; Carotenes: E202; Potassium Sorbate: E330; Citric Acid: E471; Mono- and Di-Glycerides of Fatty Acids.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Cheese	E535; Sodium Ferrocyanide
Ham	E250; Sodium Nitrite: E301; Sodium Ascorbate: E451; Triphosphates: E500ii; Sodium Bicarbonate.
Tuna Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Salad	None.
Colslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Ready Salted Crisps	None.

Hot Sandwiches

Allergens (Hot Sandwiches)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
White Bread		✓											✓	
Wholemeal Bread		✓											✓	
Barm Cake		✓											✓	
Margarine (Standard)							✓							
Dairy Free Margarine (Request)														
Sausage		✓											✓	✓
Bacon														
Egg				✓										
Lettuce & Tomato														
Chips														















All breads contains wheat; wholemeal bread contains barley.

Additives (Hot Sandwiches)

White Bread	E170; Calcium Carbonate. E282; Calcium Propionate: E300; Ascorbic Acid: E471; Mono- and Di-Glycerides of Fatty Acids: E472d; Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids.
Wholemeal Bread	E170; Calcium Carbonate: E300; Ascorbic Acid: E472e; Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids:
Barm Cake	E282; Calcium Propionate: E300; Ascorbic acid:E418; Gellan Gum: E471; Mono- and Di-Glycerides of Fatty Acids.
Margarine (Standard)	E160a; Carotenes: E202; Potassium Sorbate: E330; Citric Acid: E471; Mono- and Di-Glycerides of Fatty Acids.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Sausage	E450i; Disodium Diphosphate: E450ii; Tetrasodium Diphosphate: E621; Monosodium Glutamate.
Bacon	None.
Egg	None.
Lettuce & Tomato	None.
Chips	None.

Wraps

Allergens (Wraps)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tortilla Wrap		✓												
Cheese							✓							
Ham														
Tuna Mayonnaise				✓	✓				✓					
Chicken Tikka	✓			✓					✓					
Chicken & Bacon Mayonnaise				✓					✓					
Salad														
Colslaw				✓					✓					
Ready Salted Crisps	✓	✓					✓		✓				✓	















Wrap contains wheat. Crisps made in a factory that also handles gluten, milk, mustard, celery and soya.

Additives (Wraps)

Tortilla Wrap	E202; Potassium Sorbate: E282; Calcium Propionate: E296; Malic Acid: E450i; Disodium Diphosphate; E471; Mono- and Di-Glycerides of Fatty Acids: E500ii; Sodium Bicarbonate.
Cheese	E535; Sodium Ferrocyanide
Ham	E250; Sodium Nitrite: E301; Sodium Ascorbate: E451; Triphosphates: E500ii; Sodium Bicarbonate.
Tuna Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken Tikka	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken & Bacon Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Salad	None.
Colslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Ready Salted Crisps	None.

Breakfasts

Allergens (Breakfast)















														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bacon														
Sausage		✓											✓	✓
Egg				✓										
Hash Browns														
Beans														
Tomato														
Mushrooms														
White Bread		✓											✓	
Wholemeal Bread		✓											✓	
Butter Portion							✓							
Dairy Free Margarine (Request)														

Additives (Breakfasts)

Bacon	None.
Sausage	E450i; Disodium Diphosphate: E450ii; Tetrasodium Diphosphate.
Egg	None.
Hash Browns	E464; Hydroxypropyl Methylcellulose
Beans	None.
Tomato	None.
Mushrooms	None.
White Bread	E170; Calcium Carbonate. E282; Calcium Propionate: E300; Ascorbic Acid: E471; Mono- and Di-Glycerides of Fatty Acids: E472d; Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids.
Wholemeal Bread	E170; Calcium Carbonate: E300; Ascorbic Acid: E472e; Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids:
Butter Portion	None.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.

Bacon/Sausage/Egg with Chips

Allergens (Bacon/Sausage/Egg with Chips)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bacon														
Sausage		✓											✓	✓
Egg				✓										
Chips														
Gravy		✓											✓	

Gravy contains wheat and barley.

Additives (Bacon/Sausage/Egg with Chips)

Bacon	None.
Sausage	E450i; Disodium Diphosphate: E450ii; Tetrasodium Diphosphate: E621; Monosodium Glutamate.
Egg	None.
Chips	None.
Gravy	E150c; Ammonia Caramel: E621; Monosodium Glutamate: E635; Disodium 5'-Ribonucleotides: E322; Lecithin.

Pasta

Allergens (Pasta)

Pasta	✓													
Bolognese Sauce														
Napoli Sauce														
Garlic Bread	✓						✓						✓	















Pasta contains wheat. Garlic bread contains wheat and may contain milk and soya.

Additives (Pasta)

Pasta	None.
Bolognese Sauce	E330; Citric Acid.
Napoli Sauce	E330; Citric Acid.
Garlic Bread	E100; Curcumin: E160b; Annatto: E170; Calcium Carbonate: E300; Ascorbic acid: E160b; Annatto: E471; Mono- and Di-Glycerides of Fatty Acids.

Omelettes

Allergens (Omelettes)















														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Plain Omelette				✓			✓							
Ham														
Cheese							✓							
Onion/Tomato/Mushrooms														
Chips														
Jacket Potato														
Butter Portion							✓							
Dairy Free Margarine (Request)														
Salad														
Coleslaw				✓					✓					

Additives (Omelettes)

Plain Omelette	None
Ham	E250; Sodium Nitrite: E301; Sodium Ascorbate: E451; Triphosphates: E500ii; Sodium Bicarbonate.
Cheese	E535; Sodium Ferrocyanide.
Onion/Tomato/Mushrooms	None.
Chips	None.
Jacket Potato	None.
Butter Portion	None.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Salad	None.
Coleslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.

Burgers

Allergens (Burgers)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
(Adult) Burger Bun		✓										✓		
Margarine (Standard)							✓							
Dairy Free Margarine (Request)														
Beef Burger		✓											✓	✓
Cheese Burger		✓					✓	✓					✓	✓
Chicken Burger	✓	✓							✓					
Veggie Burger	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chips														
Salad														















Burger bun contains wheat. Beef and chicken burgers contain wheat. Source of veggie burger is unknown, alternative allergen free version available on request.

Additives (Burgers)

(Adult) Burger Bun	E282; Calcium Propionate: E300; Ascorbic Acid: E418; Gellan Gum: E471; Mono- and Di-Glycerides of Fatty Acids:
Margarine (Standard)	E160a; Carotenes: E202; Potassium Sorbate: E330; Citric Acid: E471; Mono- and Di-Glycerides of Fatty Acids.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Beef Burger	E170; Calcium Carbonate: E223; Sodium Metabisulphite: E300; Ascorbic Acid: E301; Sodium Ascorbate: E307; Alpha-Tocopherol: E503ii; Ammonium Bicarbonate.
Cheese Burger	E170; Calcium Carbonate: E223; Sodium Metabisulphite: E300; Ascorbic Acid: E301; Sodium Ascorbate: E307; Alpha-Tocopherol: E503ii; Ammonium Bicarbonate: E535; Sodium Ferrocyanide.
Chicken Burger	E415; Xanthan Gum: E450i; Disodium Diphosphate: E452i; Sodium Polyphosphate: E500ii; Sodium Bicarbonate
Veggie Burger	Not Known
Chips	None.
Salad	None.

Jacket Potatoes

Allergens (Jacket Potato)















														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato														
Butter Portion							✓							
Dairy Free Margarine (Request)														
Cheese							✓							
Beans														
Chilli														
Tuna Mayonnaise				✓	✓				✓					
Chicken Tikka	✓			✓					✓					
Chicken & Bacon Mayonnaise				✓					✓					
Salad														
Coleslaw														

Additives (Jacket Potato)

Jacket Potato	None.
Butter Portion	None.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Cheese	E535; Sodium Ferrocyanide.
Beans	None.
Chilli	E330; Citric acid.
Tuna Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken Tikka	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Chicken & Bacon Mayonnaise	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Salad	None.
Coleslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.

Snacks (Chips, Toast etc)

Allergens (Snacks)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chips														
Gravy		✓											✓	
Curry Sauce	✓	✓							✓				✓	✓
Cheese (Grilled)							✓							
Toasted White Bread		✓											✓	
Toasted Wholemeal Bread		✓											✓	
Toasted Teacake		✓					✓					✓	✓	
Toasted Crumpet		✓		✓			✓					✓	✓	
Butter Portion							✓							
Dairy Free Margarine (Request)														
Beans														
Egg														

All breads contains wheat; wholemeal bread contains barley. Gravy contains wheat and barley.















Snacks (Continued)

Additives (Snacks)

Chips	None
Gravy	E150c; Ammonia Caramel; E322; Lecithin; E621; Monosodium Glutamate: E635; Disodium 5'-Ribonucleotides.
Curry	E341; Phosphates: E503; Ammonium Carbonates: E621; Monosodium Glutamate.
Cheese	E535; Sodium Ferrocyanide.
Tasted White Bread	E170; Calcium Carbonate: E282; Calcium Propionate: E300; Ascorbic Acid: E471; Mono- and Di-Glycerides of Fatty Acids: E472d; Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids
Toasted Wholemeal Bread	E170; Calcium Carbonate: E300; Ascorbic Acid: E472e; Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids.
Toasted Teacake	E170; Calcium Carbonate: E282; Calcium Propionate: E300; Ascorbic Acid: E466; Sodium Carboxymethyl Cellulose: E471; Mono- and Di-Glycerides of Fatty Acids: E472e; Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids: E 481; Sodium Stearoyl-2-Lactylate: E920; Cysteine.
Toasted Crumpet	E170; Calcium Carbonate: E282; Calcium Propionate: E450i; Disodium Diphosphate: E500ii; Sodium Bicarbonate.
Margarine (Standard)	E160a; Carotenes: E202; Potassium Sorbate: E330; Citric Acid: E471; Mono- and Di-Glycerides of Fatty Acids.
Dairy Free Margarine (Request)	E160a; Carotenes: E330; Citric Acid: E322; Sunflower Lecithin: E471; Mono- and Di-Glycerides of Fatty Acids.
Beans	None
Egg	None
Grilled Cheese	E535; Sodium Ferrocyanide.

Extras

Allergens (Extras)

														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese							✓							
Beans														
Bacon														
Mushrooms														
Onions														
Coleslaw				✓					✓					
Egg														
Tomato														
Curry Sauce	✓	✓							✓				✓	✓
Gravy		✓											✓	
Garlic Bread		✓					✓						✓	
Onion Rings		✓												
Curly Fries		✓												
Sweet Potato Fries		✓												

Garlic bread contains wheat and may contain milk and soya.. Gravy contains wheat and barley. Onion Rings contain wheat and may contain rye. Sweet potato fries contain wheat.

Additives (Extras)

Cheese	E535; Sodium Ferrocyanide.
Beans	None.
Bacon	None.
Mushrooms	None.
Onions	None.
Coleslaw	E202; Potassium Sorbate: E330; Citric Acid: E415; Xanthan Gum.
Egg	None.
Tomato	None.
Curry Sauce	E341; Phosphates: E503; Ammonium Carbonates: E621; Monosodium Glutamate.
Gravy	E150c; Ammonia Caramel: E621; Monosodium Glutamate: E635; Disodium 5'-Ribonucleotides: E322; Lecithin.
Garlic Bread	E100; Curcumin: E160b; Annatto: E170; Calcium Carbonate: E300; Ascorbic acid: E160b; Annatto: E471; Mono- and Di-Glycerides of Fatty Acids.
Onion Rings	E401; Sodium Alginate: E407; Carrageenan: E412; Guar Gum: E450i; Disodium Diphosphate: E500i; Sodium Carbonate.
Curly Fries	None.
Sweet Potato Fries	E160c; Paprika Oleoresin: E450; Diphosphates.